

FREQUENTLY ASKED QUESTIONS

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When is the Walk for Life and 5K Run?

April 6, 2019

Where do I go?

John Prince Park, located at 4759 S. Congress Avenue, Lake Worth, FL 33461. Please use the South Congress entrance.

What time does it start?

The 5K starts at 7:30AM. The Walk starts at 9:00AM. Come early for family fun events!

How many people are going to be there?

We typically have over 1,000 people in attendance.

What is the distance and route of the Walk?

The Walk is 1.5 miles. It starts off by the Center Drive Pavilion, goes north on the paved walking path and returns on the Heart Trail which is mulched.

Will I be able to push my stroller through the mulch?

A jogging stroller will have no problem on the mulch. There will be a paved way back for those who cannot walk on the mulched Heart Trail.

What is the route of the 5K?

It starts on Prince Drive due south of the Pavilion, turns right onto Center Drive, turns right at the boat ramp, and comes back on a paved sidewalk.

Can I run the 5K with a stroller?

Yes! However as a courtesy to other runners we ask that you start in the back of the pack.

How much does it cost to walk?

It's free! Keep in mind this is a fundraising event, so please consider raising pledges or making a donation the day of the event. Win fun prizes as you raise funds.

How much is the 5K?

If you register online in advance, the fee is only \$40, save \$5 by using the coupon code LIFE19. If you register the morning of the event, the fee will be \$40 and no coupons will be accepted.

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What should I bring?

Comfortable shoes, a hat, sunscreen, and a fun-loving attitude. If you bring a package of diapers to donate, you'll be entered into a drawing to win an Apple Watch!

Where should I park?

There is plenty of parking, both paved and on the grass. Enter the park through the South Congress entrance, follow the road and the main parking lot will be on the left. There will be signs and parking attendants to get you to the right place.

What is First Care and what do they do?

First Care has life-affirming women's clinics throughout Palm Beach County where women involved in crisis pregnancies can receive free pregnancy tests, free ultrasounds and counseling. The mission of First Care is to empower women facing crisis pregnancies to choose life for their unborn children while sharing the love and good news of Jesus Christ.

Can I set up a booth or sponsor the event?

We are accepting corporate sponsors. We won't be having any booths this year, but we will be happy to pass out your coupons or flyers. Contact us at 561-688-2163 or info@firstcareforlife.com for information.

What do I do with the money I've collected?

If someone gives you money, simply bring it to the registration table on the day of the Walk. However, we encourage everyone to create a fundraising page online, that way people can donate online and you won't have to hold onto any money until Walk day.

What do I do if someone wants to be billed?

Fill out their address clearly on the pledge form, put the amount pledged into the "Bill Me" column and we'll handle the rest.

Do you take checks?

Yes, make checks payable to FIRST CARE.

Do you take credit cards?

Yes. Create a fundraising page, go to www.wewalkforlife.com and click on the "Register" button. Once you create your page, you can accept credit card donations or you can donate to First Care directly at www.firstcareforlife.com.

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I want to fundraise, but I can't walk on that day?

If you can't walk on that day, you can still raise funds! Just stop by our Administrative Office to turn in your fundraising form and any money you collected within 1-2 weeks of the Walk. We are located at: 2200 N Florida Mango Road, Suite 102, West Palm Beach, FL 33409. Call our office at 561-688-2163 if you have any questions.

Can I buy one of the fundraising prizes?

We have awesome prizes which are rewards for fundraising. They cannot be bought (t-shirts included). However, anyone can "self donate" to themselves to earn prizes. For example, a t-shirt is a \$100 level prize, you can donate \$100 to your fundraising page and earn an awesome t-shirt.

What's included with the family fun?

Free Jupiter Donuts, free Starbuck's coffee, free water & OJ, free petting zoo, free bounce houses, playground, DJ, shaved ice available for purchase!

Do I need to register if I am just walking?

No, but you'll be missing out on the fundraising fun. Keep in mind this is a fundraising event, so please consider raising pledges or making a donation the day of the event. Win great prizes as you raise funds!

What if it rains?

Our event takes place rain or shine!

Why do we have a Walk for Life and 5K Run?

These events support the life-saving ministry of First Care Women's Clinic. Our clinics empower women facing crisis pregnancies to choose life for their unborn children while sharing the love and good news of Jesus Christ.

For more information visit www.wewalkforlife.com