

Frequently Asked Questions

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When is the Walk & Run for Life?

April 4, 2020

Where do I go?

John Prince Park, located at 4759 S. Congress Avenue, Lake Worth, FL 33461.

Please use the South Congress entrance.

What time does it start?

The 5K registration starts at 6:30AM, run starts at 7:30AM.

Fundraiser check-in starts at 8:00AM.

Drawings at 8:50AM.

The Walk starts at 9:00AM.

What if it rains?

Our event takes place rain or shine!

How many people are going to be there?

We typically have over 1,000 people in attendance.

What is the distance and route of the Walk?

The Walk is 1.5 miles. It starts off by the Center Drive Pavilion, goes north on the paved walking path and returns on the Heart Trail which is mulched.

Will I be able to push my stroller through the mulch?

A jogging stroller will have no problem on the mulch. There will be a paved way back for those who cannot walk on the mulched Heart Trail.

What is the route of the 5K?

It starts on Prince Drive due south of the Pavilion, turns right onto Center Drive, turns right at the boat ramp, and comes back on a paved path.

Can I run the 5K with a stroller?

Yes! However as a courtesy to other runners we ask that you start in the back of the pack.

How much does it cost to Walk?

It's free! Keep in mind this is a fundraising event, so please consider raising funds or making a donation the day of the event.

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How much is the 5K?

Register online in advance for discounted pricing. The earlier you register, the more you'll save! If you register the morning of the event, the fee will be \$40.

What should I bring?

Your fundraising forms and any money you have collected. Print your online fundraising sponsor list and/or bring your offline fundraising paper form and any money you have collected. Wear comfortable shoes, a hat, sunscreen, and bring your fun-loving smile.

Where should I park?

There is plenty of parking, both paved and on the grass. Enter the park through the South Congress entrance, follow the signs and directions from the parking attendants.

What is First Care and what do they do?

First Care has clinics throughout Palm Beach County where women involved in crisis pregnancies can receive free pregnancy tests, free ultrasounds, and free pregnancy counseling. The mission of First Care is to empower women facing crisis pregnancies to choose life for their unborn children while sharing the love and good news of Jesus Christ.

Can I set up a booth or sponsor the event?

We are accepting corporate sponsors. If you are interested, contact us at 561-688-2163 or at info@firstcareforlife.com.

What do I do with the money I've collected?

If someone gives you money, simply bring it to fundraising check-in on our event day. We encourage everyone to create a fundraising page online, that way people can donate online and you won't have to hold onto any money until April 4th.

What do I do if someone wants to be billed?

Pledges can only be made online through your fundraising page. Complete the required information online for pledges. We'll handle the invoicing.

Do you take checks?

Yes, make checks payable to FIRST CARE.

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Do you take credit cards?

Yes. People can donate by credit card through your online fundraising page or donations can be made directly to First Care at www.firstcareforlife.com/donate.

I can't walk or run on April 4th, can I still participate?

If you can't walk or run on event day, you can still raise funds! Just stop by our Administrative Office to turn in your fundraising form and any money you collected within 1-2 weeks of the event. Then, you can walk or run on a day that works for you.

Our Administrative Office is located at:

2200 N Florida Mango Road, #102, West Palm Beach, FL 33409

Call our office at 561-688-2163 if you have any questions.

Can I buy one of the fundraising prizes?

We have awesome prizes which are rewards for raising funds. They cannot be bought (t-shirts included). However, anyone can "self donate" to earn prizes. For example, \$100 in fundraising earns 1 prize ticket, a t-shirt "costs" 1 ticket, therefore you can donate \$100 to your fundraising page and earn an awesome t-shirt.

What's included with the family fun?

Free Jupiter Donuts, free Starbuck's coffee, free water & OJ, free petting zoo, free bounce houses, playground, DJ, shaved ice available for purchase!

Do I need to register if I am just walking?

No, but you'll be missing out on the fundraising fun. Keep in mind this is a fundraising event, so please consider raising funds or making a donation the day of the event.

Why do we have a Walk & Run for Life?

These events support the life-saving ministry of First Care Women's Clinic. Our clinics empower women facing crisis pregnancies to choose life for their unborn children while sharing the love and good news of Jesus Christ. Learn more about First Care at www.firstcareforlife.com.